



## Arkansas



### WEBSITE

Don't forget! Our website is a great place to go when looking for resources, information about memberships, upcoming events, CEUs, and more!

[www.arsophe.org](http://www.arsophe.org)

## Let's Grow!

We would LOVE for our chapter to grow in 2021! If you know of someone who may be interested in joining ARSOPHE, please have them contact Emily Paul (Historian) at 512-468-0808 or [epaul@hdnursing.com](mailto:epaul@hdnursing.com).

Spread the word about our awesome organization!



### COMMUNITY OUTREACH

#### CENTRAL ARKANSAS

As a non-profit organization, we like to assist other non-profit organizations that work towards improving public health.

If you know other organizations that could benefit from collaborating with ARSOPHE and get our members involved in the community, please post on the ARSOPHE Facebook page, or email Ariel Washington at [Awashington3@uams.edu](mailto:Awashington3@uams.edu). You may also call/text (512)468-0808.

**Reminder:  
Applications for  
"40 Under Forty"  
are due  
April 30, 2021!**

[https://debeaumont.org/40-under-40/apply/?fbclid=iwar0jq6q3eplw1ic2eprc-grfhvcuru7xh\\_h7ceb48jfiypd-wazl-apzr6a](https://debeaumont.org/40-under-40/apply/?fbclid=iwar0jq6q3eplw1ic2eprc-grfhvcuru7xh_h7ceb48jfiypd-wazl-apzr6a)

## NATIONAL MEMBERSHIP

### NATIONAL MEMBERS

You may be wondering, “What are the benefits of being a member of National SOPHE?”

Here are some of the main benefits:

- Professional Preparation
- Professional Development
- Access to publications, webinars and CEUs
- Networking

And many more!

[www.sophe.org](http://www.sophe.org)



## A Message from the Arkansas SOPHE President

Duston Morris, PhD, MS, CHES, CHC



### Embracing Change

Over the past year, public health has been the lead role on the global stage, and we’ve witnessed how challenging change can be for all of us. As public health educators we excel in helping our communities understand and embrace change. With the first quarter of 2021 ending, let’s consider how continued collaboration, sharing of ideas, and common goals can help us move public health in a positive direction. Change doesn’t come without action, but we must remember to be patient for outcomes.

## Meet a Member



**Erin Wells, BS, CHES**

Erin is the Arkansas SOPHE Vice President for 2021. She is a Program Manager at UAMS where she primarily works with community based health education and healthcare analytics. She graduated with her bachelor’s in Health Education from the UCA and is currently pursuing her Master’s in Health Promotion. Erin is a Certified Health Education Specialist. Erin has been an asset to the AR SOPHE chapter since she joined in 2017. She played a key role in the re-vamp of the website and the first virtual conference in 2020. AR SOPHE wants to thank Erin for all that she has done for the organization and look forward to working with you in the future!